Company Registration No 04903455 (England and Wales)

OPTIMA CARE LIMITED

ANNUAL REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2013

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OPTIMA CARE LIMITED

DIRECTORS AND ADVISERS

Directors	Sydney Coombes Edward Coombes Vadivambikai Coombes
Secretary	Haley Coombes
Company number	04903455
Registered office	69/85 Tabernacle Street London EC2A 4RR
Registered auditors	The Gallagher Partnership LLP 69/85 Tabernacle Street London EC2A 4RR
Business address	Thorncroft Manor Thorncroft Drive Leatherhead Surrey KT22 8JB

OPTIMA CARE LIMITED

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OPTIMA CARE LIMITED

DIRECTORS' REPORT

FOR THE YEAR ENDED 28 FEBRUARY 2013

The directors present their report and financial statements for the year ended 28 February 2013

Principal activities and review of the business

The company's principle activity during the year continues to be that of a provider of Specialist Healthcare for Mental Health and Intellectual Disabilities The 2013 Year accounts represent the true reflection of our business trading for a given financial year

The results for the year which are set out in the Profit and Loss account, show operating profit of £1,645,665 (compared to £1,162,157 for 2012), which represents a full year trading of the enlarged group, post integration

Integration of Family Care Homes Limited continued through the trading year, with focus on introducing both financial and service efficiencies Throughout this period, the trading brands remained separate, and it is envisaged the integration of Family Care Homes into the Optima Care brand will complete towards the end of 2013

The organisation continues to meet its financial and statutory obligations, this is achieved through strong financial controls, specifically around cashflow and working capital This continues to be prevalent over the coming years as Health and Social Care funders look to reduce their budgets under central government austerity measures The Board will continue to ensure quality of care is maintained as a primary objective during this period

Description of principal risks and uncertainties

The Board considers the primary risk to be associated with continued funding pressures from the commissioning authorities, specifically Local Authorities who are under the greatest budgetary constraints

In addition, the transition from Primary Care Trusts to Clinical Commissioning Groups introduces new commissioning and contracting approaches which require continued management for existing and new placements

Overall, the organisation continues to trade as expected through difficult economic and commissioning environments, where the later has seen some of the most significant changes in the past fifteen years

The Board remain optimistic that the organisation provides key service offerings across two main stream sectors including Mental Health Rehabilitation and Intellectual Disabilities

Analysis based on key performance indicators

	2013	2012
	£	£
Turnover	11,252,147	9,800,549
Gross profit margin	41 45%	38 43%
EBITDA	2,511,219	1,855 197
Profit/(loss) before tax	916,275	518,899
Shareholders' funds	6,172,756	5,741,236

Results and dividends

The consolidated profit and loss account for the year is set out on page 6

An interim ordinary dividend was paid amounting to £136,600 The directors do not recommend payment of a final dividend

It is proposed that the retained profit of £431,520 is transferred to the group's reserves

Directors
The following directors have held office since 1 March 2012

Sydney Coombes
Edward Coombes
Vadivambikai Coombes

Employee Involvement
The group's policy is to consult and discuss with employees, through unions, staff councils and at meetings, matters likely to affect employees' interests

Information of matters of concern to employees is given through information bulletins and reports which seek to achieve a common awareness on the part of all employees of the financial and economic factors affecting the group's performance

There is no employee share scheme at present, but the directors are considering the introduction of such a scheme as a means of further encouraging the involvement of employees in the group's performance

Disabled persons
The group's policy is to recruit disabled workers for those vacancies that they are able to fill All necessary assistance with initial training courses is given Once employed, a career plan is developed so as to ensure suitable opportunities for each disabled person Arrangements are made, wherever possible, for retraining employees who become disabled, to enable them to perform work identified as appropriate to their aptitudes and abilities

Auditors
The auditors, The Gallagher Partnership LLP, are deemed to be reappointed under section 487(2) of the Companies Act 2006

Statement of directors' responsibilities
The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations

Company law requires the directors to prepare financial statements for each financial year Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law) Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the group and of the profit or loss of the group for that period In preparing these financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and accounting estimates that are reasonable and prudent,
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the group will continue in business

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and the group and enable them to ensure that the financial statements comply with the Companies Act 2006 They are also responsible for safeguarding the assets of the company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Statement of disclosure to auditors

So far as the directors are aware, there is no relevant audit information of which the group's auditors are unaware Additionally, the directors have taken all the necessary steps that they ought to have taken as directors in order to make themselves aware of all relevant audit information and to establish that the group's auditors are aware of that information

On behalf of the board

Edward Coombes
Director
15 November 2013

OPTIMA CARE LIMITED

INDEPENDENT AUDITORS' REPORT

TO THE MEMBERS OF OPTIMA CARE LIMITED

We have audited the group and parent company financial statements (the "financial statements") of Optima Care Limited for the year ended 28 February 2013 set out on pages 6 to 26 The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed

Respective responsibilities of directors and auditors

As explained more fully in the Directors' Responsibilities Statement set out on pages 1 - 3, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland) Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error This includes an assessment of whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the directors, and the overall presentation of the financial statements In addition, we read all the financial and non-financial information in the Annual Report to identify material inconsistencies with the audited financial statements If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report

Opinion on financial statements

In our opinion the financial statements

- give a true and fair view of the state of the group's and parent company's affairs as at 28 February 2013 and of the group's profit for the year then ended,
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements

INDEPENDENT AUDITORS' REPORT (CONTINUED)

TO THE MEMBERS OF OPTIMA CARE LIMITED

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion

- adequate accounting records have not been kept by the parent company, or returns adequate for our audit have not been received from branches not visited by us, or
- the parent company financial statements are not in agreement with the accounting records and returns, or
- certain disclosures of directors' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit

Andrew Jepson (Senior Statutory Auditor)
for and on behalf of The Gallagher Partnership LLP

3/2/14

Chartered Accountants
Statutory Auditors

69/85 Tabernacle Street
London
EC2A 4RR

OPTIMA CARE LIMITED

CONSOLIDATED PROFIT AND LOSS ACCOUNT

FOR THE YEAR ENDED 28 FEBRUARY 2013

	Notes	2013 £	2012 £
Turnover	2	11,252,147	9,800,587
Cost of sales		(6,588,444)	(6,034,159)
Gross profit		4,663,703	3,766,428
Administrative expenses		(3,018,038)	(2,604,271)
Operating profit	3	1,645,665	1,162,157
Other interest receivable and similar income		1,332	766
Interest payable and similar charges	4	(730,722)	(644,024)
Profit on ordinary activities before taxation		916,275	518,899
Tax on profit on ordinary activities	5	(348,155)	(254,533)
Profit on ordinary activities after taxation		568,120	264,366

The profit and loss account has been prepared on the basis that all operations are continuing operations

There are no recognised gains and losses other than those passing through the profit and loss account

Note of historical cost profits and losses

	2013 £	2012 £
Reported profit on ordinary activities before taxation	916,275	518,899
Difference between an historical cost depreciation charge and the actual depreciation charge of the year calculated on the revalued amount	113,337	110,741
Historical cost profit on ordinary activities before taxation	1,029,612	629,640
Historical cost profit for the year retained after taxation, extraordinary items and dividends	544,857	144,629

OPTIMA CARE LIMITED

BALANCE SHEETS

AS AT 28 FEBRUARY 2013

	Notes	Group 2013 £	Group 2012 £	Company 2013 £	Company 2012 £
Fixed assets					
Intangible assets	8	5,666,448	6,009,868	638,246	692,746
Tangible assets	9	17,027,648	17,232,489	11,469,982	11,619,537
Investments	10	-	-	4,984,567	4,988,207
		22,694,096	23,242,357	17,092,795	17,300,490
Current assets					
Debtors	11	1,364,457	1,785,354	6,326,670	7,645,565
Cash at bank and in hand		1,747,130	1,348,087	1,473,999	637,422
		3,111,587	3,133,441	7,800,669	8,282,987
Creditors: amounts falling due within one year	12	(2,308,034)	(2,347,492)	(1,273,293)	(1,232,786)
Net current assets		803,553	785,949	6,527,376	7,050,201
Total assets less current liabilities		23,497,649	24,028,306	23,620,171	24,350,691
Creditors: amounts falling due after more than one year	13	(17,324,893)	(18,267,600)	(17,324,893)	(18,267,600)
Provisions for liabilities	14	-	(19,470)	(21,330)	(42,220)
		6,172,756	5,741,236	6,273,948	6,040,871
Capital and reserves					
Called up share capital	16	5,000	5,000	5,000	5,000
Revaluation reserve	17	5,430,613	5,430,613	5,430,613	5,430,613
Profit and loss account	17	737,143	305,623	838,335	605,258
Shareholders' funds	18	6,172,756	5,741,236	6,273,948	6,040,871

Approved by the Board and authorised for issue on 15 November 2013

Edward Coombes
Director

Company Registration No 04903455

OPTIMA CARE LIMITED

CONSOLIDATED CASH FLOW STATEMENT

FOR THE YEAR ENDED 28 FEBRUARY 2013

	£	2013 £	£	2012 £
Net cash inflow from operating activities		2,848,591		(4,517,578)
Returns on investments and servicing of finance				
Interest received	1,332		766	
Interest paid	(728,281)		(642,029)	
Interest element of finance lease rentals	(2,441)		(1,995)	
Net cash outflow for returns on investments and servicing of finance		(729,390)		(643,258)
Taxation		(340,874)		(49,029)
Capital expenditure				
Payments to acquire intangible assets	-		(4,793,600)	
Payments to acquire tangible assets	(320,933)		(2,216,708)	
Receipts from sales of intangible assets	3,640		-	
Net cash outflow for capital expenditure		(317,293)		(7,010,308)
Equity dividends paid		(136,600)		(230,478)
Net cash inflow/(outflow) before management of liquid resources and financing		1,324,434		(12,450,651)
Financing				
New long term bank loan	-		18,680,000	
Repayment of long term bank loan	(928,204)		(5,483,161)	
Capital element of finance lease contracts	(14,503)		65,500	
Net cash (outflow)/inflow from financing		(942,707)		13,262,339
Increase in cash in the year		381,727		811,688

OPTIMA CARE LIMITED

NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT

FOR THE YEAR ENDED 28 FEBRUARY 2013

1 Reconciliation of operating profit to net cash inflow/(outflow) from operating activities

	2013	2012
	£	£
Operating profit	1,645,665	1,162,157
Depreciation of tangible assets	525,774	448,353
Amortisation of intangible assets	339,780	244,687
Decrease/(increase) in debtors	449,871	(1,028,137)
(Decrease)/Increase in creditors within one year	(112,499)	850,724
Acquired on acquisition	-	(6,195,362)
Net cash inflow/(outflow) from operating activities	2,848,591	(4,517,578)

2 Analysis of net debt

	1 March 2012	Cash flow	Other non-cash changes	28 February 2013
	£	£	£	£
Net cash				
Cash at bank and in hand	1,348,087	399,043	-	1,747,130
Bank overdrafts	-	(17,316)	-	(17,316)
	1,348,087	381,727	-	1,729,814
Finance leases	(65,500)	14,503	-	(50,997)
Debts falling due within one year	(310,000)	-	-	(310,000)
Debts falling due after one year	(18,215,100)	928,204	-	(17,286,896)
	(18,590,600)	942,707	-	(17,647,893)
Net debt	(17,242,513)	1,324,434	-	(15,918,079)

3 Reconciliation of net cash flow to movement in net debt

	2013	2012
	£	£
Increase in cash in the year	381,727	811,688
Cash outflow/(inflow) from decrease/(increase) in debt	942,707	(13,190,339)
Change in net debt resulting from cash flows	1,324,434	(12,378,651)
New finance lease	-	(72,000)
Movement in net debt in the year	1,324,434	(12,450,651)
Opening net debt	(17,242,513)	(4,791,862)
Closing net debt	(15,918,079)	(17,242,513)

OPTIMA CARE LIMITED

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2013

1 Accounting policies

A summary of principal accounting policies, all of which have been applied consistently throughout the year and the preceding year, is set out below

1.1 Accounting convention

The financial statements are prepared under the historical cost convention modified to include the revaluation of freehold land and buildings

1 2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1 3 Basis of consolidation

The consolidated profit and loss account and balance sheet include the financial statements of the company and its subsidiary undertakings made up to 28 February 2013 The results of subsidiaries sold or acquired are included in the profit and loss account up to, or from the date control passes Intra-group sales and profits are eliminated fully on consolidation

1.4 Turnover

Turnover represents amounts receivable for the provision of care and accommodation Where the amount received relates to a period which covers the balance sheet date it is apportioned over the period to which it relates

1 5 Goodwill

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 20 years

1.6 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost or valuation less depreciation Depreciation is provided at rates calculated to write off the cost or valuation less estimated residual value of each asset over its expected useful life, as follows

Land and buildings Freehold	over 50 years on a straight line basis
Plant and machinery	over 4 years on a straight line basis
Fixtures, fittings & equipment	over 4 years on a straight line basis
Motor vehicles	33% per annum on a reducing balance basis

1 7 Leasing and hire purchase commitments

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible assets and depreciated over the shorter of the lease term and their useful lives Obligations under such agreements are included in creditors net of the finance charge allocated to future periods The finance element of the rental payment is charged to the profit and loss account so as to produce a constant periodic rate of charge on the net obligation outstanding in each period

Rentals payable under operating leases are charged against income on a straight line basis over the lease term

1.8 Investments

Fixed asset investments are stated at cost less provision for diminution in value

1 Accounting policies **(continued)**

1 9 Pensions

The pension cost charged in the financial statements represents the contributions payable by the group during the year

1 10 Deferred taxation

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes The deferred tax balance has not been discounted

1 11 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction All differences are taken to profit and loss account

1 12 Going concern

After making enquiries, the directors have a reasonable expectation that the group has adequate resources to continue in operational existence for the foreseeable future For this reason, they continue to adopt the going concern basis in preparing the financial statements

2 Turnover

The total turnover of the group for the year has been derived from its principal activity wholly undertaken in the United Kingdom

3 Operating profit

	2013	2012
	£	£
Operating profit is stated after charging		
Amortisation of intangible assets	339,780	244,687
Depreciation of tangible assets	525,774	448,353
Loss on foreign exchange transactions	1,355	-
Operating lease rentals		
- Plant and machinery	21,424	22,458

Auditors' remuneration

Fees payable to the group's auditor for the audit of the group's annual accounts (company £20,000, 2012 £20,000)	34,000	32,750
Taxation compliance services	7,060	6,040
Non-audit services	-	73,800
	41,060	112,590

4	**Interest payable**	**2013**	**2012**
		£	**£**
	On bank loans and overdrafts	63	106
	On other loans wholly repayable within five years	727,528	641,584
	Lease finance charges and hire purchase interest	2,647	2,334
	Other interest	484	-
		730,722	644,024

5	**Taxation**	**2013**	**2012**
		£	**£**
	Domestic current year tax		
	U K corporation tax	373,777	265,754
	Adjustment for prior years	-	1,671
	Total current tax	373,777	267,425
	Deferred tax		
	Deferred tax charge/credit current year	(25,622)	(12,892)
		348,155	254,533
	Factors affecting the tax charge for the year		
	Profit on ordinary activities before taxation	916,275	518,899
	Profit on ordinary activities before taxation multiplied by standard rate of UK corporation tax of 24 00% (2012 - 26 00%)	219,906	134,914
	Effects of		
	Non deductible expenses	1,363	43,710
	Depreciation add back	194,652	166,021
	Capital allowances	(44,349)	(75,946)
	Adjustments to previous periods	-	1,671
	Marginal relief	(426)	(3,793)
	Other tax adjustments	2,631	848
		153,871	132,511
	Current tax charge for the year	373,777	267,425

6 Loss for the financial year

As permitted by section 408 Companies Act 2006, the holding company's profit and loss account has not been included in these financial statements The loss for the financial year is made up as follows

	2013	2012
	£	£
Holding company's loss for the financial year	-	-

7 Dividends

	2013	2012
	£	£
Ordinary interim paid	136,600	230,478

8 **Intangible fixed assets**

Group

	Goodwill £
Cost	
At 1 March 2012	6,826,212
Disposals	(3,640)
At 28 February 2013	6,822,572
Amortisation	
At 1 March 2012	816,344
Charge for the year	339,780
At 28 February 2013	1,156,124
Net book value	
At 28 February 2013	5,666,448
At 29 February 2012	6,009,868

Intangible fixed assets (continued)

Company

	Goodwill £
Cost	
At 1 March 2012 & at 28 February 2013	1,090,000
Amortisation	
At 1 March 2012	397,254
Charge for the year	54,500
At 28 February 2013	451,754
Net book value	
At 28 February 2013	638,246
At 29 February 2012	692,746

9 Tangible fixed assets

Group

	Land and buildings Freehold	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£	£
Cost or valuation					
At 1 March 2012	18,008,762	511,418	847,563	394,135	19,761,878
Additions	213,640	19,070	86,606	1,617	320,933
At 28 February 2013	18,222,402	530,488	934,169	395,752	20,082,811
Depreciation					
At 1 March 2012	1,291,817	299,137	618,144	320,291	2,529,389
Charge for the year	332,791	59,634	108,902	24,447	525,774
At 28 February 2013	1,624,608	358,771	727,046	344,738	3,055,163
Net book value					
At 28 February 2013	16,597,794	171,717	207,123	51,014	17,027,648
At 29 February 2012	16,716,945	212,281	229,419	73,844	17,232,489

Included above are assets held under finance leases or hire purchase contracts as follows

	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£
Net book values				
At 28 February 2013	-	-	45,261	45,261
At 29 February 2012	-	-	67,892	67,892
Depreciation charge for the year				
28 February 2013	-	-	22,630	22,630
29 February 2012	-	-	12,098	12,098

Tangible fixed assets

Company

	Land and buildings Freehold	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£	£
Cost or valuation					
At 1 March 2012	12,097,338	328,416	565,603	83,890	13,075,247
Additions	120,715	13,481	56,571	-	190,767
At 28 February 2013	12,218,053	341,897	622,174	83,890	13,266,014
Depreciation					
At 1 March 2012	907,079	181,832	351,857	14,942	1,455,710
Charge for the year	207,500	24,929	84,288	23,605	340,322
At 28 February 2013	1,114,579	206,761	436,145	38,547	1,796,032
Net book value					
At 28 February 2013	11,103,474	135,136	186,029	45,343	11,469,982
At 29 February 2012	11,190,259	146,584	213,746	68,948	11,619,537

The freehold interest of the properties were re-valued by the directors' during 2010 after taking account of professional advice and valuations received from Knight Frank LLP Chartered Surveyors The revaluations were based on the market value of the freehold interests being fully equipped and operational as care homes with the benefit of planning permission and with due regard to trading potential In addition a further revaluation was undertaken by Knight Frank LLP in June 2011

At the date of approving these financial statements the directors' after taking into account current market conditions and the recent professional valuations are of the opinion no permanent diminution in the values has occurred

If these properties were sold for their revalued amounts it would be necessary to replace them with similar property and rollover relief against tax on the gain would be available Accordingly no timing differences arise and no provision has been made for deferred tax in respect of the revaluation

Included above are assets held under finance leases or hire purchase contracts as follows

	Plant and machinery	Fixtures, fittings & equipment	Motor vehicles	Total
	£	£	£	£
Net book values				
At 28 February 2013	-	-	45,261	45,261
At 29 February 2012	-	-	67,892	67,892
Depreciation charge for the year				
28 February 2013	-	-	22,630	22,630
29 February 2012	-	-	12,098	12,098

10 Fixed asset investments

Company

	Shares in group undertakings £
Cost or valuation	
At 1 March 2012	4,988,207
Disposals	(3,640)
At 28 February 2013	4,984,567
Net book value	
At 28 February 2013	4,984,567
At 29 February 2012	4,988,207

In the opinion of the directors, the aggregate value of the company's investment in subsidiary undertakings is not less than the amount included in the balance sheet

Holdings of more than 20%

The company holds more than 20% of the share capital of the following companies

Company	Country of registration or incorporation	Shares held	
		Class	%
Subsidiary undertakings			
Family Care Homes (Holdings) Limited	England and Wales	Ordinary	100
Family Care Homes Limited*	England and Wales	Ordinary	100

The principal activity of these undertakings for the last relevant financial year was as follows

	Principal activity
Family Care Homes (Holdings) Limited	Holding company
Family Care Homes Limited*	Provision of care and accommodation to adults with learning disabilities living in the community

*Interest held through Family Care Homes (Holdings) Limited

11 Debtors

	Group		Company	
	2013	2012	2013	2012
	£	£	£	£
Trade debtors	598,115	853,227	164,606	285,850
Amounts owed by group undertakings	-	-	5,448,337	6,491,750
Corporation tax	108,031	85,209	108,031	85,209
Other debtors	426,209	564,344	386,572	508,808
Prepayments and accrued income	225,950	282,574	219,124	273,948
Deferred tax asset (see note 14)	6,152	-	-	-
	1,364,457	1,785,354	6,326,670	7,645,565

Amounts falling due after more than one year and included in the debtors above are

	2013	2012	2013	2012
	£	£	£	£
Amounts owed by group undertakings	-	-	5,448,337	6,491,750
Prepayments	119,249	170,356	119,249	170,356

12 Creditors amounts falling due within one year

	Group		Company	
	2013	2012	2013	2012
	£	£	£	£
Bank loans and overdrafts	327,316	310,000	327,316	310,000
Net obligations under finance lease and hire purchase contracts	13,000	13,000	13,000	13,000
Trade creditors	212,528	175,162	93,153	69,815
Corporation tax	512,293	456,568	170,980	176,355
Taxes and social security costs	132,056	219,817	89,593	122,108
Directors current accounts	160,112	160,112	160,112	160,112
Other creditors	115,399	115,240	115,399	115,240
Accruals and deferred income	835,330	897,593	303,740	266,156
	2,308,034	2,347,492	1,273,293	1,232,786

13 Creditors amounts falling due after more than one year

	Group		Company	
	2013	2012	2013	2012
	£	£	£	£
Bank loans	17,286,896	18,215,100	17,286,896	18,215,100
Net obligations under finance leases and hire purchase agreements	37,997	52,500	37,997	52,500
	17,324,893	18,267,600	17,324,893	18,267,600
Analysis of loans				
Not wholly repayable within five years by instalments	16,046,896	16,975,100	16,046,896	16,975,100
Wholly repayable within five years	1,550,000	1,550,000	1,550,000	1,550,000
	17,596,896	18,525,100	17,596,896	18,525,100
Included in current liabilities	(310,000)	(310,000)	(310,000)	(310,000)
	17,286,896	18,215,100	17,286,896	18,215,100
Instalments not due within five years	-	-	-	-
Loan maturity analysis				
In more than one year but not more than two years	310,000	310,000	310,000	310,000
In more than two years but not more than five years	930,000	930,000	930,000	930,000
In more than five years	16,046,896	16,975,100	16,046,896	16,975,100
Net obligations under finance leases and hire purchase contracts				
Repayable within one year	15,441	15,441	15,441	15,441
Repayable between one and five years	43,162	58,603	43,162	58,603
	58,603	74,044	58,603	74,044
Finance charges and interest allocated to future accounting periods	(7,606)	(8,544)	(7,606)	(8,544)
	50,997	65,500	50,997	65,500
Included in liabilities falling due within one year	(13,000)	(13,000)	(13,000)	(13,000)
	37,997	52,500	37,997	52,500

13 Creditors amounts falling due after more than one year **(continued)**

The loan facilities from Santander UK Plc, the company's bankers, are secured by a debenture over all the assets of the company, first and legal charges over the freehold properties and personal guarantees by the directors

The loan facilities are being repaid in instalments and are due to be repaid in full at the termination date of 17 June 2016

The current interest rate for the loan facilities is 2 25% over the LIBOR rate

14 Provisions for liabilities

The deferred tax asset (included in debtors, note 11) is made up as follows:

	Group 2013 £	Company 2013 £
Balance at 1 March 2012	19,470	42,220
Profit and loss account	(25,622)	(20,890)
Balance at 28 February 2013	(6,152)	21,330

	Group		Company	
	2013 £	2012 £	2013 £	2012 £
(Decelerated)/accelerated capital allowances	(6,152)	19,470	21,330	42,220

15 Pension and other post-retirement benefit commitments

Defined contribution

The group contributes to certain employees personal pension plans The assets of the plans are held separately from those of the company in independently administered funds The pension cost charge represents contributions paid by the group to the funds

	2013 £	2012 £
Contributions payable by the group for the year	618	-

16 Share capital

	2013	2012
	£	£
Allotted, called up and fully paid		
500,000 Ordinary shares of 1p each	5,000	5,000

17 Statement of movements on reserves

Group

	Revaluation reserve	Profit and loss account
	£	£
Balance at 1 March 2012	5,430,613	305,623
Profit for the year	-	568,120
Dividends paid	-	(136,600)
Balance at 28 February 2013	5,430,613	737,143

Company

	Revaluation reserve	Profit and loss account
	£	£
Balance at 1 March 2012	5,430,613	605,258
Profit for the year	-	369,677
Dividends paid	-	(136,600)
Balance at 28 February 2013	5,430,613	838,335

18 Reconciliation of movements in shareholders' funds	2013	2012
Group	**£**	**£**
Profit for the financial year	568,120	264,366
Dividends	(136,600)	(230,478)
Net addition to shareholders' funds	431,520	33,888
Opening shareholders' funds	5,741,236	5,707,348
Closing shareholders' funds	6,172,756	5,741,236

	2013	2012
Company	**£**	**£**
Profit for the financial year	369,677	564,001
Dividends	(136,600)	(230,478)
Net addition to shareholders' funds	233,077	333,523
Opening shareholders' funds	6,040,871	5,707,348
Closing shareholders' funds	6,273,948	6,040,871

19 Financial commitments

At 28 February 2013 the group had annual commitments under non-cancellable operating leases as follows

	Other	
	2013	2012
	£	£
Expiry date		
Within one year	1,339	-
Between two and five years	4,168	5,507
	5,507	5,507

At 28 February 2013 the company had annual commitments under non-cancellable operating leases as follows

	Other	
	2013	2012
	£	£
Expiry date		
Within one year	1,339	-
Between two and five years	4,168	5,507
	5,507	5,507

20 Directors' remuneration	2013	2012
	£	£
Remuneration for qualifying services	120,000	30,000

21 Employees

Number of employees

The average monthly number of employees (including directors) during the year was

	2013 Number	2012 Number
Care workers	349	369
Management and administration	23	15
	372	384

Employment costs	2013 £	2012 £
Wages and salaries	5,594,462	5,047,631
Social security costs	435,792	394,102
Other pension costs	618	-
	6,030,872	5,441,733

22 Control

The group is controlled by the Coombes family who between them own 100% of the share capital No one member of the family has a majority shareholding

23 Related party relationships and transactions

Loans to directors

Loans and advances to directors during the year are outlined in the table below

Description	% Rate	Opening Balance £	Amounts Advanced £	Interest Charged £	Amounts Repaid £	Closing Balance £
Sydney Coombes						
Advances	-	330,142	-	-	-	330,142
Edward Coombes						
Advances	-	56,172	-	-	-	56,172
		386,314	-	-	-	386,314

Loan from director

At the balance sheet date the company owed Vadivambikai Coombes, a director, £160,112 for advances made to the company

Dividends to Directors

The following directors were paid dividends during the year as outlined in the table below

	2013 £	2012 £
Sydney Coombes	55,300	76,826
Edward Coombes	55,300	76,826
Vadivambikai Coombes	26,000	76,826
	136,600	230,478

Group

The company has taken advantage of the exemption available in FRS 8 "Related party disclosures" whereby it has not disclosed transactions with any wholly owned subsidiary undertaking